

Life Group/Personal Meditation Questions:

Icebreaker:

As a child, where was your favorite place to hide (or escape)?

Read Jonah 1:17.

1. Why is the great fish in Jonah so difficult for some to believe? How about you?
2. When has suffering been a blessing in disguise for you?

Read Jonah 2:1-7.

3. What would you guess Jonah was experiencing inside the fish, realizing he is not going to die quickly?
4. Why would Jonah turn to worship God after running away and being willing to die? What is this sudden change about?
5. To what do you cling when you are in distress?

Read Jonah 2:8-10.

6. Why would Jonah recommit to his mission if he is still stuck inside the fish?
7. Is there a mission to which you need to recommit and renew your passion?